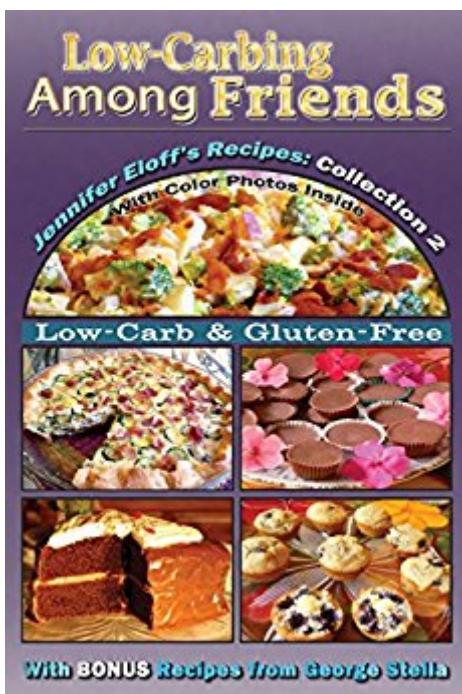


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Low-Carb Among Friends, Jennifer's Eloff's Recipe Collection-2: 100% Gluten-free, Low-carb, Atkins-friendly, Wheat-free, Sugar-Free, Recipes, Bestseller Diet Cookbook Series



Synopsis

By the world's leading Low-Carb Authors, George Stella & Jennifer Elof Low-Carbing Among Friends is a NATIONAL BEST SELLER cookbook by the World's most famous Low-Carb and Gluten-Free recipe creators, and #1 Low-Carb team in the world! Team founder, Jennifer (World's most famous lady Low-Carb cookbook author) has produced the 2 NEW cookbooks (with MANY COLOR photos!) of her famous Low-Carb recipes (This is COLLECTION-2) with foreword and a guest appearance (recipes) by George Stella, world-famous Low-Carb Chef and TV personality. Collection-2 is available in Kindle and in hard-copy (Spiral bound!) with MANY lovely COLOR photos + Recipes organized by Category - all stringently Low-Carb! 100% of the recipes are Sugar, Wheat and Gluten Free. Decades of learning, make this book very special for Low-Carbers! All recipes are less than 10g carbs/serving, but MOST are less than 5g -from strict Induction to regular low-carbing! 2/3rds of the recipes are for Meal-times, about 1/3rd are for Breads, Desserts, Baking etc. If you are intolerant to gluten, have Celiac disease or prefer to avoid Wheat/Gluten products, you will be thankful for this enormous resource of awesome recipes ... Low-Carb, 100% wheat and Gluten-free! These recipes are incredibly innovative, simply wonderful breakthroughs! It is easy to create low-carb, sugar-free recipes, most people have a pretty good handle on that, it's much tougher to also make those recipes wheat-free and gluten-free while retaining authentic taste -that's very challenging! We support you with our World's #1 (most popular) Low-Carb FACEBOOK pages "LowCarbingAmongFriends" and [LowCarbHitParade](#), blogs, websites and YouTube. **SPECIAL ORDER Custom-COIL BOUND** versions at [AmongFriends.us](#) or BUY regular version at [amazon.com](#) with (PRIME) FREE SHIPPING! NOTE: Jennifer tested her recipes with a variety of Low-Carb sweeteners, NATURAL / artificial. It's easy to use the provided cross-substitution info to use YOUR OWN FAVORITE Sweetener!

Book Information

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Customer Reviews

First I love that these are easy recipes and not fancy complicated. I like the baking mix #2, very versatile. The Old fashion chocolate chip cookie recipe is outstanding, husband enjoyed! The KC rib rub is fantastic, lots of flavor and we used it on pork as well. This is a great cookbook to add to your low carb collection.

Love the book - I have the 1st set and now this updated version. So many recipes and great information on each.

Every recipe I have tried has been wonderful. Very happy with this purchase.

Great low carb recipes, can't wait to start cooking!

hqs some veryn good recipes in it plus a lot of information love good low- carb reci[ed

Second book in Jennifer's new Kindle series, "Low Carbing Among Friends" - at this price, how can you NOT own these two books AND to be able to transfer them onto my Kindle, then tote it to the kitchen and start right in on the recipe is a big plus! I am very familiar with Jennifer, her dedication to low-carb living, and her previous cookbooks, most of which are already on my bookshelf. This is a little different than the original Low Carbing Among Friends as this series is primarily composed of Jennifer's recipes, where the original had many low-carb authors in it. I like this format because I

know I can trust Jen's tried-n-true recipes, as her family and friends have been her guinea pigs for many years! From awesome appetizers to decadent desserts, she's covered the bases here. Book is well-worth the \$4 just to get her Bits 'n Bites tips, sweetener conversion tables, and her excellent Bake Mix recipes. Not to mention - some beautiful full-color pictures, and some bonus recipes by low-carb guru George Stella as well!

I love this collection of low-carb and gluten-free recipes. Every recipe I have made so far has been simple and easy to prepare not to mention delicious! I find the "Bits and Bits" on the bottom of the pages to be very informative as well. I enjoy baking and cooking and I find this less expensive than buying pre-packaged low-carb and gluten-free products.

I just received my cookbook and couldn't wait to try the Old-Fashioned Chocolate Chip Cookies. I made them today and they are fantastic! I have to freeze them so I don't eat too many! I can't wait to try the New York Cheesecake!

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